



High School Lancer Life

Issue 4

June 2009

Building a community prepared for the choices and challenges of life.

ATHLETIC DEPARTMENT NEWS

Well, another successful year in Lancer Athletics has come to an end! It is hard to believe how fast it went by! On behalf of the Athletic Department, we would like to thank the community, fans, athletes and school staff for their support. We would also like to thank Marty Spaulding, Facilities Manager, as well as Thad Tallman and the maintenance crew for working so hard at making our fields and gymnasium look fantastic for every event we host. It is really a team effort throughout the school and community!

Before you know it, it will be time for fall sports to begin. Fall sports begin on August 17th. Please call the Athletic Department at 851-1359 throughout the summer for updates.

Also, there will be a mailing from the Athletic office in the summer containing all appropriate medical paperwork that needs to be filled out prior to the 2009-2010 seasons starting. Please be sure to fill this out and mail it in to the Athletic office before your students season(s) begins.

Again, thank you for all of the support throughout our fall, winter and spring sports seasons. For any questions or suggestions, please feel free to contact us at our Athletic Hotline at 851-1359. See you next season! Go Lancers!

MATH DEPARTMENT NEWS

Congratulations to the senior class of 2009 (the 42nd). The math department wishes each of you the very best in the years to come.

Thanks, again, to Mrs. Vance and Mr. LaBree for allowing Mr. Ryan Brier to successfully complete his student teaching duties. Students deserve recognition for being so supportive during this student teacher internship.

Students, mentioned in previous articles, should be commended for their excellent showing in the annual math contests and challenges: The AMC

Exam, The Vermont State Math Coalition and The UVM Prize Math Exam.

Best wishes for a safe and enjoyable summer. Think sun!

NEW 4H DOG CLUB STARTING SOON!

The University of Vermont Extension 4-H program is offering area youth the opportunity to learn about dogs in a club setting for youth ages 5-18 (as of January 1, 2009). Club meetings will occur twice a month on Saturdays; the time of day is still to be determined.

Highlights of the club:

- Learn all about dogs: proper care, grooming, first aid, medical issues, nutrition, obedience, anatomy, showmanship and much, more more!
- Show what you learn in quiz bowls, exhibits, presentations, demonstrations, dog shows, and more!
- Make dog treats, crafts, scrapbooks, leashes, dog houses - whatever you can think!
- Have fun and meet new friends!!!

An informational meeting for interested youth and their parents will be held on Tuesday, June 2 @ 7 p.m. at the UVM Extension Office, 29 Sunset Drive, Morrisville (next to Bond Auto).

Please contact Lauren Traister, 4-H Educator, at 888-4972 x 103 or email lauren.traister@uvm.edu for more information.

WORLD LANGUAGES

52 French and Spanish students went to Montréal on Friday May 15th 2009 to see "Ovo" (Egg in Portuguese), the latest show from Cirque du Soleil. The first stop of the day was at Marché Atwater; a fresh food market. Outside, colorful flowers and plants were on sale ready for planting

in the garden. Inside, students saw a 'boulangerie' with the delightful aroma of fresh bread, a 'charcuterie', a 'boucherie' and a 'fromagerie' with dozens of interesting looking cheeses. Our second stop was at Cathédrale Notre-Dame in Old Montreal. Students were amazed at the size and design of the church as well as the organ with its 7,000 pipes. We had lunch at Giorgio an Italian restaurant where a buffet was served. Students had a couple of hours to explore Old Montreal. Some had their picture drawn by street artists on Place Jacques-Cartier near City Hall while others did a little shopping. Le Cirque du Soleil's performance was extraordinary. The theme of the show was insects and biodiversity which made for beautiful costumes. Everyone was amazed at the flexibility of the performers whether they were juggling giant kiwi slices with their feet, balancing on a high wire on an unicycle or jumping off trampolines onto a 'climbing wall'. It was truly a memorable show. We are all hoping for a new show next year!

FINE ARTS DEPARTMENT NEWS

The club of the Arts just sponsored the most wonderful trip to Montreal! Students visited Chinatown and The Botanical Gardens. We are so proud of our students' behavior and willingness to try new things when immersing themselves in this cosmopolitan atmosphere.

Parents/guardians of students in Basics of Art, look for your son/daughter's portfolio to be coming home soon. This portfolio contains the year's artwork, and each student is required to have an evaluation filled out by you for credit. Clay portraits, coil pots, two point perspective drawings, and drawings of the human figure in action are also coming home soon.

Summer is great time to relax and develop one's personal creativity, so encourage your kids to sing, dance, draw, act and play music!

ENGLISH DEPARTMENT NEWS

The English department is preparing its students for their final exams with but one week of classes left. At the same time, the department will

be distributing summer reading assignments for the following classes: Advanced 9 and 10; Advanced Creative Writing; Science Fiction; AP English and Honors British Literature. Students should see their next year's teachers on June 1, 2, and 3 to get the assignments.

HEALTH NEWS

There has been a great deal of information about the spreading of Novel Influenza A (known prior as the Swine Flu) throughout the United States. Flu-like symptoms include: fever (over 100° F), feverishness, cough, sore throat, runny nose or stuffy nose. People may also have other symptoms with H1N1 flu, including body aches, excessive fatigue, and sometimes vomiting or diarrhea. There is no vaccine for H1N1 Flu at this time, but practicing good health habits every day can help keep illness from spreading.

If you are ill or know someone who is ill, do your best to avoid close contact. Usually a distance of 6 feet between people can help prevent spread of flu.

- Stay home when you are sick. Don't go to school or to work or run errands when you are sick. Keep sick children at home until they are well. Going back to school or work too soon can spread illness.
- Cover your mouth and nose when you cough or sneeze. It's best if you can use a tissue to cover your cough. Then throw the tissue into the trash.
- Wash your hands often and well. Wash your own hands and the hands of children who are not able to do good hand washing on their own. Wash for as long as it takes to sing the A-B-C song. Good washing removes viruses and bacteria that cause illness.
- Keep hands away from eyes, nose and mouth. Illness is often spread by contaminated hands touching the eyes, mouth or nose.
- Don't share water bottles. It's best to have your own and to wash it regularly.
- Practice other good health habits. Get plenty of sleep. Be physically active. Manage stress. Drink plenty of fluids. Eat nutritious foods. Avoid smoking and second hand smoke.

SOCIAL STUDIES NEWS

The social studies department is proud to recognize the two students who will represent Lamoille Union at the annual Boys State conference in June. Wes Thompson and Blake Emery will participate in mock legislative assemblies, pass legislation and meet with Vermont legislative and executive representatives. This is a nationwide program designed to instill and improve civic responsibility.

Ms. Huling will continue her leadership role in the summer Governor's Institute program to increase students' knowledge of Asian studies. Ms. Huling will also spend her summer planning the 2010 trip to Vienna, Venice and Paris for the high school international club.

Mr. Lavigne is enrolled in the United States History AP summer institute in St. Johnsbury. Our department is actively planning on adding a US History AP course to our curriculum in the future.

All US history students have just completed their engagement in our annual civics activity. This year students presented testimony in a mock legislative hearing to a panel of judges representing the school, the Secretary of State's office and the We The People program. Students addressed how our country addresses plurality. The results of the hearing will be posted on the Lamoille website.

Ms. Kaulbach was selected as a reader for the Collegeboard AP World History exam. She will be grading the exam essays at a testing center in Colorado during the last week of school.

BUSINESS DEPARTMENT NEWS

In Personal Finance this semester we focused heavily on consumer spending and usage of credit. In particular we examined the pending changes in the credit card industry as well as the industries' long established practices, which will hopefully be reformed this year. This was particularly topical as Vermont's own Senator Bernie Sanders was at the forefront of reform efforts. Additional topics of study were individual and married budgets, checking accounts, the stock market and savings instrument characteristics. The overarching theme was adherence to

opportunity costs and how to maximize the time/money equation.

Computer Applications classes emphasized proper usage of the Microsoft Office Suite, with an emphasis on spreadsheet and presentation capabilities. Other topics of study for the semester included basic programming via the Carnegie Mellon program called Alice and integration of Web 2.0 technologies including blogging, Google Docs and interactive presentation programs. As always, students are encouraged to utilize the business department blog at mrmooney.wordpress.com to stay in touch with the instructor as well as staying current with class assignments.

Radio Station: This year saw the purchase of new equipment to help revitalize the station and the addition of several student DJ's. As the station continues to grow, we anticipate more disc jockeys, a wider variety of music, and more opportunities for cross-program coordination between the high school and tech center. Special thanks to Joe Teegarden, Phil Lovely, Mr. Limoge and Mr. Jewett for their continued financial and logistical support of this venture. The station will be podcasting their broadcasts via the Podomatic network as well as providing a central flash based web page in the near future. For further information, please turn to FM frequency, 89.1, The Limit.

GUIDANCE DEPARTMENT NEWS

Another school year has come, and almost gone – and summer is near, although the weather outside this week has been anything but summer-like. As things wind down in the school year, the guidance department is continuing to plan for the upcoming school year.

During the last two weeks, student schedules have been given to all students who will be returning for the 2009/2010 school year. Your son/daughter should have received their schedules by now and many have visited with their counselors to make changes and to discuss options for classes that may not have been scheduled due to scheduling conflicts. We strive to ensure that students get all of the classes they need or would like to have, unfortunately, this is not always possible. Please check with your child to make sure the schedule they have been given is accurate

and offers them the best possible combination of classes for their future academic or employment opportunities.

As we begin to prepare for the opening of school, you will receive a mailing from the school around the first week or so of August. Please pay close attention to this mailing as it will contain a final schedule for your son/daughter and important information about the first day of school. While no final plans have been made, I believe that we will have only the incoming 9th graders (all day) and our graduating seniors (one-half day) in attendance on August 31, 2009. The information you receive in August should further clarify other questions about the opening of school.

Parents of incoming seniors please take the summer to work with your son/daughter on college planning. Schedule visits to schools of interest, make sure that you are following the procedures for financial planning and make sure that you and you child are prepared for the last year of high school. Please contact the guidance office for information or questions you might have and keep in touch with your child's guidance counselor when school begins in August.

I would encourage our students and their families to enjoy the upcoming summer and wish you safe travels!

SCIENCE DEPARTMENT NEWS

This month, the Basic Environmental Studies class has been assisting in some field work for the Lamoille County Natural Resources Conservation District. They went up to the Green River Reservoir area to identify vernal pools to put in a mapping program. And they assisted with streamside stabilization by planting buffers along the Lamoille river at Ten Bends.

Also, thank you to all the 11th graders for participating in the state NECAP testing for science in May. We look forward to seeing the results of the tests next fall.

UPCOMING EVENTS

- Summer School will take place from June 22nd to July 17th. For information, please call Tim Messier, Summer School Coordinator at 851-1333.
- The first day of the 2009-2010 school year will be Monday, August 31st. Please call 888-4261 for more information.